

Dealing with Change:

Change is inevitable. There will always be change. You need to adapt and move with it.

Here are some tips which I've learned, based a book called 'Who Move My Cheese', by Spenser Johnson, 1998.

Consider a situation, call it 'The Cheese'.

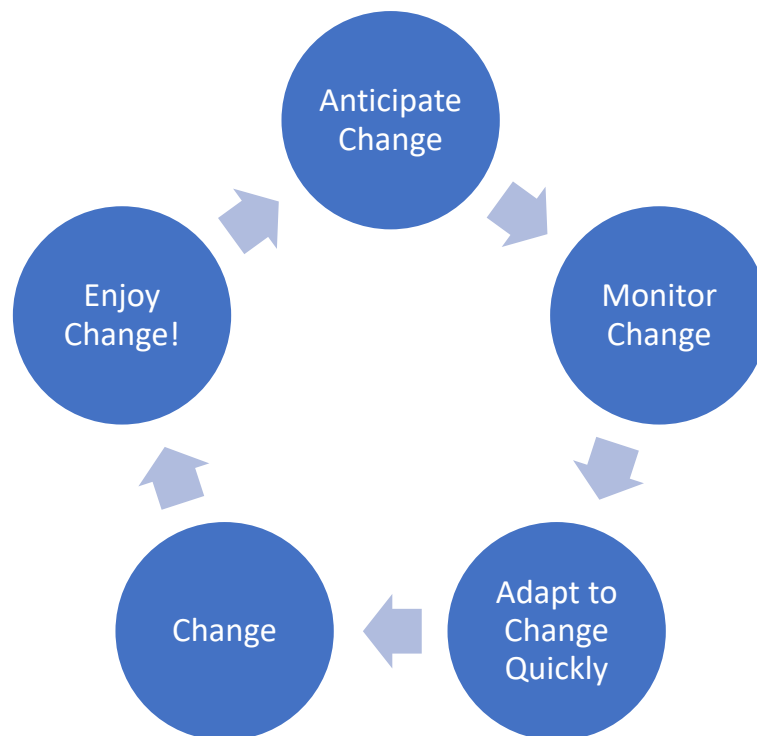
Anticipate Change: Get Ready for The Cheese to Move

Monitor Change: Smell The Cheese often, so you know when it's getting old

Adapt to Change Quickly: The quicker you let go of the Old Cheese, the sooner you enjoy the New Cheese

Change: Move with The Cheese

Enjoy Change!: Savour the adventure and enjoy the taste of the New Cheese



Do you have a plan?

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